

Wrexham University Academic Timetables

Module timetable - Applied Professional Practice in Fitness and Conditioning (Wk 9, wk starting 30/09/2024)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 30/09/2024													
Tuesday 01/10/2024						Lecture, Wk 9 Module: SES604 (Applied Professional Practice in Fitness and Conditioning) Staff: Hughes, Jonathan; Lewis1, Richard Room: K - Biomechanics Lab							
We 02/10/2024													
Th 03/10/2024													
Fri 04/10/2024													
Sat 05/10/2024													
Su 06/10/2024													

Wrexham University Academic Timetables

Module timetable - Applied Professional Practice in Fitness and Conditioning (Wk 10, wk starting 07/10/2024)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 07/10/2024													
Tuesday 08/10/2024						Lecture, Wk 10 Module: SES604 (Applied Professional Practice in Fitness and Conditioning) Staff: Hughes, Jonathan; Lewis1, Richard Room: <u>K - Biomechanics Lab</u>							
We 09/10/2024													
Th 10/10/2024													
Fri 11/10/2024													
Sat 12/10/2024													
Su 13/10/2024													

Wrexham University Academic Timetables

Module timetable - Applied Professional Practice in Fitness and Conditioning (Wk 11, wk starting 14/10/2024)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 14/10/2024													
Tuesday 15/10/2024						Work Based Learning, Wk 11 Module: SES604 (Applied Professional Practice in Fitness and Conditioning) Staff: Hughes, Jonathan							
We 16/10/2024													
Th 17/10/2024													
Fri 18/10/2024													
Sat 19/10/2024													
Su 20/10/2024													

Wrexham University Academic Timetables

Module timetable - Applied Professional Practice in Fitness and Conditioning (Wk 12, wk starting 21/10/2024)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 21/10/2024													
Tuesday 22/10/2024						Lecture, Wk 12 Module: SES604 (Applied Professional Practice in Fitness and Conditioning) Staff: Hughes, Jonathan; Lewis1, Richard Room: K - Biomechanics Lab							
We 23/10/2024													
Th 24/10/2024													
Fri 25/10/2024													
Sat 26/10/2024													
Su 27/10/2024													

Wrexham University Academic Timetables

Module timetable - Applied Professional Practice in Fitness and Conditioning (Wk 14, wk starting 04/11/2024)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 04/11/2024													
Tuesday 05/11/2024						Lecture, Wk 14 Module: SES604 (Applied Professional Practice in Fitness and Conditioning) Staff: Hughes, Jonathan; Lewis1, Richard Room: <u>K - Biomechanics Lab</u>							
We 06/11/2024													
Th 07/11/2024													
Fri 08/11/2024													
Sat 09/11/2024													
Su 10/11/2024													

Wrexham University Academic Timetables

Module timetable - Applied Professional Practice in Fitness and Conditioning (Wk 15, wk starting 11/11/2024)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 11/11/2024													
Tuesday 12/11/2024						Work Based Learning, Wk 15 Module: SES604 (Applied Professional Practice in Fitness and Conditioning) Staff: Hughes, Jonathan							
We 13/11/2024													
Th 14/11/2024													
Fri 15/11/2024													
Sat 16/11/2024													
Su 17/11/2024													

Wrexham University Academic Timetables

Module timetable - Applied Professional Practice in Fitness and Conditioning (Wk 16, wk starting 18/11/2024)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 18/11/2024													
Tuesday 19/11/2024						Work Based Learning, Wk 16 Module: SES604 (Applied Professional Practice in Fitness and Conditioning) Staff: Hughes, Jonathan							
We 20/11/2024													
Th 21/11/2024													
Fri 22/11/2024													
Sat 23/11/2024													
Su 24/11/2024													

Wrexham University Academic Timetables

Module timetable - Applied Professional Practice in Fitness and Conditioning (Wk 17, wk starting 25/11/2024)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 25/11/2024													
Tuesday 26/11/2024						Lecture, Wk 17 Module: SES604 (Applied Professional Practice in Fitness and Conditioning) Staff: Hughes, Jonathan; Lewis1, Richard Room: K - Biomechanics Lab							
We 27/11/2024													
Th 28/11/2024													
Fri 29/11/2024													
Sat 30/11/2024													
Su 01/12/2024													

Wrexham University Academic Timetables

Module timetable - Applied Professional Practice in Fitness and Conditioning (Wk 18, wk starting 02/12/2024)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 02/12/2024													
Tuesday 03/12/2024						Work Based Learning, Wk 18 Module: SES604 (Applied Professional Practice in Fitness and Conditioning) Staff: Hughes, Jonathan							
We 04/12/2024													
Th 05/12/2024													
Fri 06/12/2024													
Sat 07/12/2024													
Su 08/12/2024													

Wrexham University Academic Timetables

Module timetable - Applied Professional Practice in Fitness and Conditioning (Wk 19, wk starting 09/12/2024)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 09/12/2024													
Tuesday 10/12/2024						Online Tutorials, Wk 19 Module: SES604 (Applied Professional Practice in Fitness and Conditioning) Staff: Hughes, Jonathan							
We 11/12/2024													
Th 12/12/2024													
Fri 13/12/2024													
Sat 14/12/2024													
Su 15/12/2024													

Wrexham University Academic Timetables

Module timetable - Applied Professional Practice in Fitness and Conditioning (Wk 21, wk starting 23/12/2024)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 23/12/2024													
Tu 24/12/2024													
We 25/12/2024	University closed Unavailable, Wk 21												
Thu 26/12/2024	University closed Unavailable, Wk 21												
Fri 27/12/2024	University closed Unavailable, Wk 21												
Sat 28/12/2024	University closed Unavailable, Wk 21												
Su 29/12/2024	University closed Unavailable, Wk 21												

Wrexham University Academic Timetables

Module timetable - Applied Professional Practice in Fitness and Conditioning (Wk 22, wk starting 30/12/2024)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 30/12/2024	University closed Unavailable, Wk 22												
Tue 31/12/2024	University closed Unavailable, Wk 22												
We 01/01/2025	University closed Unavailable, Wk 22												
Th 02/01/2025													
Fri 03/01/2025													
Sat 04/01/2025													
Su 05/01/2025													

Wrexham University Academic Timetables

Module timetable - Applied Professional Practice in Fitness and Conditioning (Wk 23, wk starting 06/01/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 06/01/2025													
Tuesday 07/01/2025						Directed Study, Wk 23 Module: SES604 (Applied Professional Practice in Fitness and Conditioning) Staff: Hughes, Jonathan							
We 08/01/2025													
Th 09/01/2025													
Fri 10/01/2025													
Sat 11/01/2025													
Su 12/01/2025													

Wrexham University Academic Timetables

Module timetable - Applied Professional Practice in Fitness and Conditioning (Wk 24, wk starting 13/01/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 13/01/2025													
Tuesday 14/01/2025						Lecture, Wk 24 Module: SES604 (Applied Professional Practice in Fitness and Conditioning) Staff: Hughes, Jonathan; Lewis1, Richard Room: K - Biomechanics Lab							
We 15/01/2025													
Th 16/01/2025													
Fri 17/01/2025													
Sat 18/01/2025													
Su 19/01/2025													

Wrexham University Academic Timetables

Module timetable - Applied Professional Practice in Fitness and Conditioning (Wk 37, wk starting 14/04/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 14/04/2025													
Tu 15/04/2025													
We 16/04/2025													
Th 17/04/2025													
Fri 18/04/2025	Bank Holiday Unavailable, Wk 37												
Sat 19/04/2025													
Su 20/04/2025													

Wrexham University Academic Timetables

Module timetable - Applied Professional Practice in Fitness and Conditioning (Wk 38, wk starting 21/04/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 21/04/2025	Bank Holiday Unavailable, Wk 38												
Tue 22/04/2025	University closed Unavailable, Wk 38												
We 23/04/2025													
Th 24/04/2025													
Fri 25/04/2025													
Sat 26/04/2025													
Su 27/04/2025													

Wrexham University Academic Timetables

Module timetable - Applied Professional Practice in Fitness and Conditioning (Wk 40, wk starting 05/05/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 05/05/2025	Bank Holiday Unavailable, Wk 40												
Tu 06/05/2025													
We 07/05/2025													
Th 08/05/2025													
Fri 09/05/2025													
Sat 10/05/2025													
Su 11/05/2025													

Wrexham University Academic Timetables

Module timetable - Applied Professional Practice in Fitness and Conditioning (Wk 43, wk starting 26/05/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 26/05/2025	Bank Holiday Unavailable, Wk 43												
Tu 27/05/2025													
We 28/05/2025													
Th 29/05/2025													
Fri 30/05/2025													
Sat 31/05/2025													
Su 01/06/2025													

Wrexham University Academic Timetables

Module timetable - Applied Professional Practice in Fitness and Conditioning (Wk 4, wk starting 25/08/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 25/08/2025	Bank Holiday Unavailable, Wk 4												
Tu 26/08/2025													
We 27/08/2025													
Th 28/08/2025													
Fri 29/08/2025													
Sat 30/08/2025													
Su 31/08/2025													